



2020

FIREHOUSE
TECH CAFÉ
SENIOR SOCIAL
CLUB
106 S Jefferson St
816-635-0466

WEEKLY AGENDA

The joys of music for senior adults stuck at home.

Join us on Tuesday July 21st at 10am via ZOOM

Soundscaping Source, along with the Firehouse Community Center and Clay County Senior Services, will be providing their program through a virtual ZOOM group.

WHY YOU SHOULD JOIN THIS GROUP:

- Enjoy a variety of **rich, engaging music experiences**, like singing, movement to music, and song discussion.
- **Connect with other people** logging on from their own homes.
 - Experience **non-musical benefits** as well, such as:
 - A decrease in pain, anxiety, and confusion
 - Access to old memories and the opportunity to tell favorite stories
 - Increased focus and attention

You **DON'T** have to accept loneliness, boredom, depression, or decline during the coronavirus crisis!

**If you need help figuring out ZOOM please call us
816-635-0466**

FREE COMPUTER AND TECHNOLOGY HELP
Monday & Wednesday
9am-2pm Tuesday
& Thursday Noon-2pm

PEPPI EXERCISE
Tuesdays at 9:15am

BINGO/BUNGO
Tuesdays 9:45

DRUMMING TO A NEW BEAT
Thursdays 8:30am

CARDS AND GAMES
Thursdays from 9:30-noon
(ish)

ZUMBA GOLD
Monday 6pm-7pm

FREE GENEALOGY HELP
Wednesday 6pm-8pm

POSTPONED

INDEPENDENCE DAY

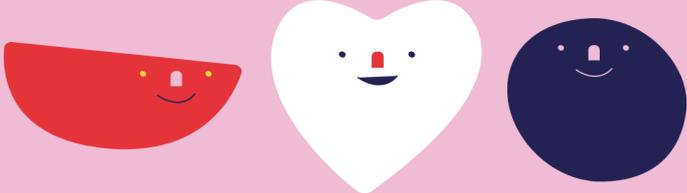
The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts.

TECH TIP

Do you really need a mouse pad? In a word, yes. There are a lot of people, even experienced computer users, who use a mouse without one. But if you care about your mouse (and whatever's underneath it), you should put a pad between them. It doesn't have to be anything fancy, but it should be designed for that purpose.

There are plenty of fancy mouse pads out there, all promising to make your mouse work better. And, they do. But here's the thing: they all do to more or less the exact same degree.

If you need a mouse pad, let us know! We have some here at the Tech Café. 816-635-0466



**Together We
Can Overcome**

**Take a mask, leave
a mask.**

Partnering with the Holt Ministerial Alliance, we have a tub outside our doors. If you need a mask, or are making extra masks please feel free to use the tub to pass them on or get one yourself.

Are you
sewing
masks?

Are you
wanting
to sew

masks and don't know where to start? Contact us and
we can get you a pattern and fabric! 816-635-0466